

HOW INJECTABLE MOISTURISERS AND SKIN BOOSTERS WORK

MINIMAL DOWNTIME, BRIGHTER, SMOOTHER, PLUMPER SKIN AT THE PRICK OF A NEEDLE.

THESE ARE THE RESULTS FROM INJECTABLE MOISTURISERS SUCH AS PROFHILO AND TEOSYL REDENSITY 1

Injectable moisturisers are delivered by multiple tiny injections placed just under the skin in areas such as the face, décolletage and hands. Even the process of multiple injections is beneficial as each injection causes damage to the skin cells which kick starts repair and renewal and stimulates the production of new skin cells and more collagen.

WHO SUITS INJECTABLE MOISTURISERS?

These injectables will be most appropriate for older or more dehydrated skin but can essentially be used on anyone provided they don't have any allergies to HA or the vitamins contained in a skin booster solution.

Cosmetech generally treats patients in their mid 30s upwards, their doctors see a lot of patients who are going through the menopause, as the menopause contributes to dry, thin skin thanks/no thanks to a natural drop in 'glowy', collagen enhancing oestrogen.

PROFHILO®

This new treatment claims to be the first stabilised injectable hyaluronic acid based product that aims to improve tissue quality while treating skin laxity, and it won the award for the best injectable product in Europe at this year's Aesthetic Industry Awards.

Mr Smith states that "it's recommended for patients citing concerns such as general dullness and dehydration who are looking for overall skin rejuvenation and an improvement in 'glow' and luminosity. Two to three treatments are administered one month apart, followed by a treatment every nine months to 12 months to maintain results.

Prices per session starts from £350 2 Treatments are required 4-6 weeks apart. Mr Smith reports that

an overwhelming number of his patients are seeking the treatment - Profhilo is far and away the most popular procedure currently. This is possibly down to the fact that it also involves fewer injections than other injectable moisturiser treatments - just five on either side of the face, rather than a series of small jabs all over the face.

TEOSYL REDENSITY 1

Mr Smith also offers this skin booster as part of his Injectable Glow programme- he explains that "it's best for boosting overall skin health, with the addition of vitamins and minerals. It uses mesotherapy to concentrate hyaluronic acid and combines it with skin supporting elements such as glutathione, alpha lipoic acid, vitamin B6, zinc and copper. This injectable typically involves three initial sessions, a month apart, and then follow-up sessions every to six to nine months. Mr Smith relates that this treatment is also particularly helpful for brightening dark undereye circles, and it costs £350 per session at his clinic. It's another trigger happy injection situation, but the 'three-in-one' formula contains lidocaine alongside hyaluronic acid and 14 vitamins and nutrients to take the ouch out somewhat.

POST - INJECTABLE AFTERCARE

Looking after the skin by cleansing thoroughly and protecting it from UV damage by using SPF 50 is of paramount importance after such a treatment- the skin's own natural defences against UV light will be reduced for two weeks.

SIDE EFFECTS

Redness, swelling and pin prick bruising could take 48 hours to settle, hygiene is important as injections at such a level may produce some bleeding and bruising.

PRE AND POST ADVICE

It is recommended to avoid alcohol, aspirin, NSAIDs and vitamin E for 24 hours before and after treatment. Avoid makeup for the first day after treatment, but if you must wear it, apply mineral makeup with clean. Avoid strenuous exercise, laser treatments, waxing, sauna and steam rooms for 24 hours after treatment too.

CONTRAINDICATIONS

Contraindications to injectable moisturisers and skin boosters include "pregnancy, breastfeeding, active cancer, bleeding disorders, along with immunocompromising medical conditions

"I was in and out in about 20 minutes and it has definitely softened the fine lines around my eyes and my mouth. It is very subtle, it's not a big stark change but that's exactly what I was after. Improved quality of skin and it just makes me look a bit fresher. I'm so pleased."

Emma Louise Johnston
Journalist and broadcaster

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Quote "Skin Booster"