

PDO Threads – Post Treatment Advice

You might experience:

- Some mild discomfort and tenderness after the procedure. Slight tightening sensation as new collagen is produced around the threads. This may last for 2 weeks.
- Occasionally the needle may puncture a small blood vessel resulting in a bruise.
- Swelling and redness: This may result following the procedure due to injection with needle.
- Your face might be slightly red with small bumps (needle entry points) and with some slight bruising around the target areas, but this will subside after few days.

- Please do not touch treated areas for 4 hours after the treatment
- Please avoid sleeping on treated areas for 3 nights
- When a bruise does appear, please apply Arnica cream few times a day
- Please do not plan any facial treatments after 3-4 weeks post PDO Threads treatment
- Avoid strenuous exercise and warming of your face 7-10 days.
- Please do not plan any laser treatments to treated areas for next 4 weeks
- (Laser might break new collagen, which has been stimulated and produced after the PDO Threads treatment)
- You will be able to see results almost as soon as you leave the clinic, however it is important to keep in mind that it takes 10-14 days for collagen to start working. You will start to see the major effect is has on the appearance of your skin after 4 weeks' post treatment.

Cosmetech Chelsea Private Clinic
The Courtyard, 250 Kings Road
London SW3 5UE
T: 020 7565 0333
E: frontdesk@chelseaprivateclinic.com
www.chelseaprivateclinic.com

Cosmetech Maypole Clinic
5 - 7 Shore Road
Holywood BT18 9XH
T: 028 9042 3200
E: frontdesk@cosmetech.co.uk
www.cosmetech.co.uk

Kingsbridge Private Hospital
811 - 815 Lisburn Road
Belfast BT9 7GX
T: 028 9042 3200

