



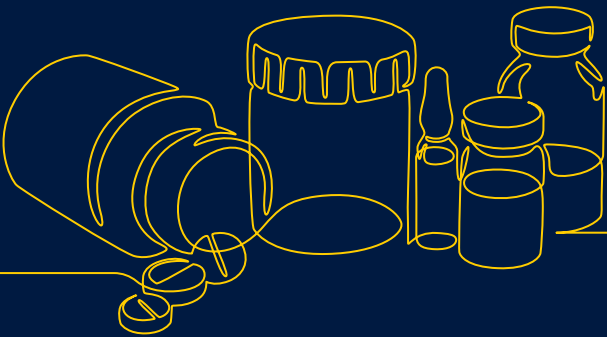
**KINGS
BRIDGE**

*Private
Hospital*



SLIGO

| My Medicines List



KNOW



CHECK



ASK

Before you take it...



KNOW

your medicines
and keep a list



CHECK

that you are using the right
medicine the right way



ASK

your healthcare professional
if you're unsure

My pharmacy's name

Phone number

My family doctor's name

Phone number

Emergency contact name

Phone number

What is My Medicines List?

My Medicines List is a list of all the medicines and supplements you take.

Why should I use it?

Keeping an up-to-date list can help you know your medicines. It can also help you when discussing your medicines with a healthcare professional.

How should I fill it in?

To fill out My Medicines List, you need all your medicines in front of you. Another option is to ask your pharmacist to print out a list for you. Make sure you include all prescribed and over-the-counter medicines and supplements.

How should I use it?

Keep your list up to date. Bring it with you when attending any healthcare appointment. You may find it useful to keep a photo of this list on your phone.

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